

Pelvic Inflammatory Disease

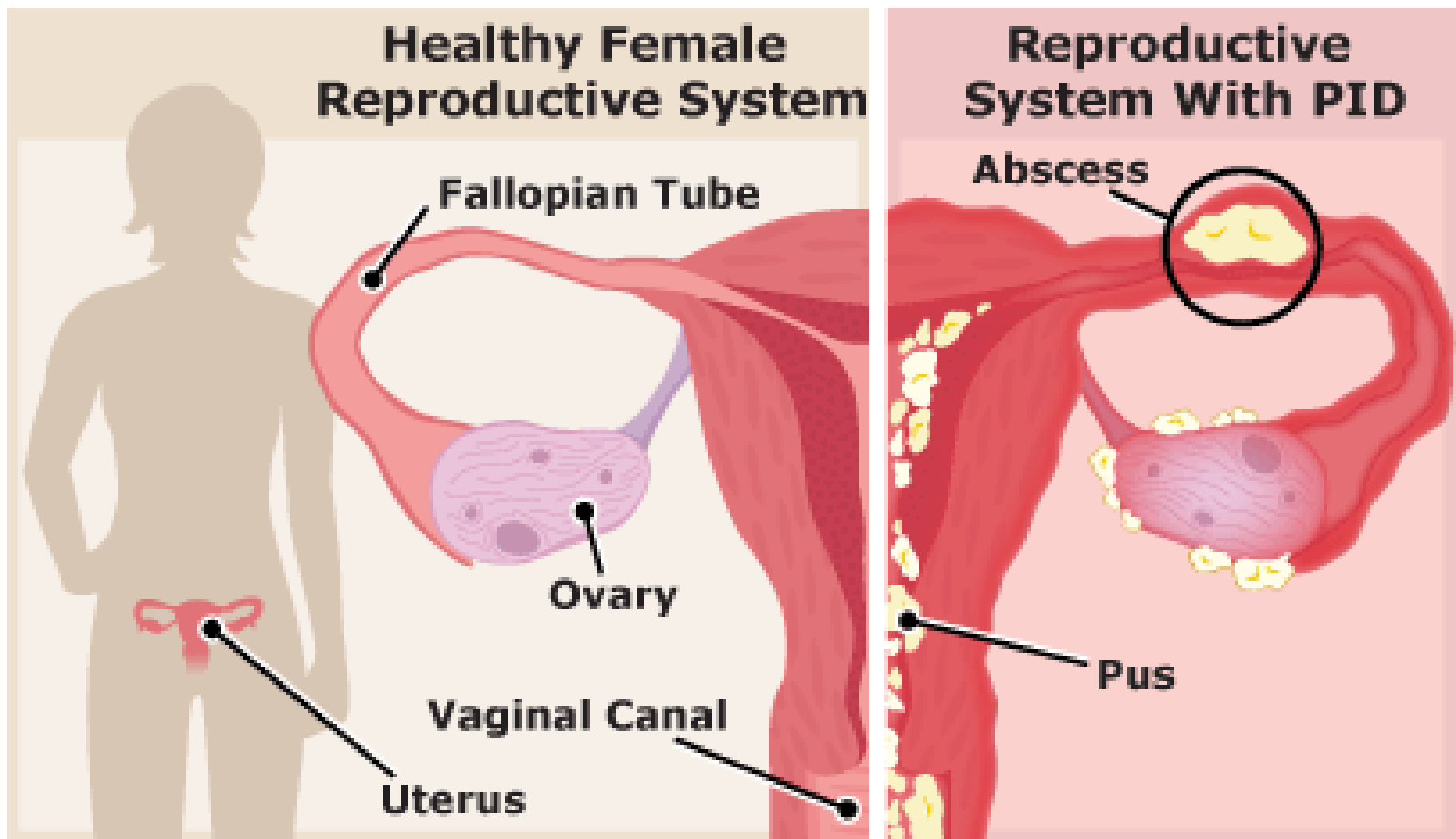
Pelvic inflammatory disease (PID) is an infection of one or more of the upper reproductive organs, including the uterus, fallopian tubes and ovaries. Untreated PID can cause scar tissue and pockets of infected fluid (abscesses) to develop in the reproductive tract, which can cause permanent damage.

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PID



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Symptoms of PID

Some women with pelvic inflammatory disease don't have symptoms. For the women who do have symptoms, these can include:

pain in the lower abdomen (the most common symptom)

pain in the upper abdomen

fever

painful sex

painful urination

irregular bleeding

increased or foul-smelling vaginal discharge

lethargy

Pelvic inflammatory disease can cause mild or moderate pain. However, some women have severe pain and symptoms, such as: sharp pain in the abdomen, vomiting, fainting, a high fever (greater than 101°F)

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Risk factors for PID

Your risk of pelvic inflammatory disease increases if you have gonorrhea or chlamydia, or have had an STI before. However, you can develop PID without ever having an STI.

Other factors that can heighten your risk for PID include:

having sex under the age of 25

having multiple sex partners

having sex without a condom

recently having an intrauterine device (IUD) inserted

douching

having a history of pelvic inflammatory disease

If left untreated it may lead to:

infertility, an inability to conceive a child

ectopic pregnancy, a pregnancy that occurs outside the womb

chronic pelvic pain, pain in the lower abdomen caused by scarring of the fallopian tubes and other pelvic organs

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Natural approach to PID

Whilst it is not advisable to avoid antibiotics for acute infection there are useful protocols that can be implemented to help fight further infection and reduce inflammation. There are varying different protocols but they should always be conducted under supervision and guidance of a professional for safety.

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